

Gateshead Clubhouse CIO

Annual Report &

Financial Statements

For The Year Ended 31 March 2023

Registered Charity No. 1160853

**Gateshead Clubhouse CIO
Administration Information**

For the year ended 31 March 2022

The Management Committee have pleasure in presenting their report and the un-audited Financial Statements for the year ended 31 March 2023

Reference and Administrative Details

Charity No	1160853
Address	Worcester Green Gateshead Tyne & Wear NE8 1NH
Accountant	Mark Thompson MAAT 42 Lesbury Road Heaton Newcastle upon Tyne NE6 5LB
Bankers	Lloyds Bank Gateshead
Trustees	Tersa Morley Co-Chair Anthony Johnson Co-Chair Paul Ogle Secretary Bill Scott Terry Maher Natalie McKeown
Advisors	Andrew Jay – Mental Health Professional Lorna Sherriff - Mental Health Professiona

Gateshead Clubhouse CIO

Report of the Trustees for the Year Ended 31 March 2023

Objectives

Gateshead Clubhouse is a mental health community hub run entirely by its members. It has a community café with internet access for our members, we run various activities from the clubhouse as well as out in the community.

Summary

As in previous years, we believe that the Clubhouse continues to have a positive impact on the lives of its members. We have been seeing a reduction in the number of members reporting that they have experienced social isolation and many are noticeably engaging in more peer support activities and, as a result, their quality of life has improved.

On average, we are seeing approximately 50 members coming into the Clubhouse per day.

We went on 5 main trips this year to places like Holy Island and Edinburgh, we also went on lots of local outings using public transport, arranged by the members

Our annual Easter egg hunt, raffle and Easter dinner also went ahead and was well attended and enjoyed, along with our August bank holiday BBQ event.

We have experienced a marked increase in the number of activities / groups that have taken place over the year, from 550 hours in year 3, to 833 hours in year 4.

Total room use - 833h 30m usage

- 44 mindfulness drop in
- 44 mindfulness
- 8 formal mindfulness
- 35 yoga
- 29 crafts for wellbeing
- 30 art and crafts
- 20 Summer Art & Photography with Damien
- 12 Wellbeing Through Digital Drawing

Concerning the financial value to Gateshead's communities and mental health services, we estimate that, if this were a staffed service, the annual cost would be at least £275,000 per annum.

We would like to highlight the positive impact we have had for some of our members this last year, particularly around the flagging of safeguarding concerns and effective information sharing with support and social workers to keep our members safe and ensure swift and correct action was taken to protect them from harm.

Sharing and working with other organisations

Our strategy of inviting anyone who works in the cross-sector mental health system open access to visit the Clubhouse when they wish, with or without clients, to see how the Clubhouse model works in relation to their clients who might wish to attend the Clubhouse has proven to be effective. This has increased the number of applications for membership.

We have seen a welcome increase in people visiting from a wide range of statutory and voluntary sectors (which has in turn increased referrals and general information sharing regarding other support services and activities), in both primary and secondary care.

These include:-

GPs and GP surgery managers and staff.

- Occupational therapists.
- Voluntary sector based support workers, social navigators, social prescribers, peer support workers and so on.
- Social workers, housing support workers, CPNs,
- Local authority staff, including community link workers, welfare rights workers

For the 9th year, the Christmas day meal was jointly-funded with Oxford Terrace and Rawlings Road GP surgery. Half of those who attended were patients from the surgery, who would have otherwise have had nowhere to go on Christmas Day. A Christmas dinner was provided for approx. 26 people, and everyone was given an individual present. Our 5 regular Christmas Day volunteers also came along again to help out.

We have continued to support the pilot Clubhouse project in South Tyneside (Club Together South Tyneside - CTST), giving advice and support when needed, as well as access to our forms and paperwork etc.

We have had regular visits from the Mental Health Community Engagement Officer and others involved in the project, under our "open house" arrangement where we can demonstrate and advise on the model, policies and practices, etc., and they have the opportunity to engage with our members.

Public Benefit Statement

The trustees have considered the guidance produced by the Charity Commission on the provision of public benefit and they confirm that public benefit has been provided by the range of activities as described above.

Risk Management:

The Trustees are examining the major risks, which the charity faces in relation to external factors, governance and management, internal operations and business. They are considering the likelihood and the impact of risks and are reviewing what systems should be in place to control and reduce those risks. The systems are being designed to provide reasonable, but not absolute, assurance against material loss or misstatement of loss.

Reserves Policy

It is the policy of the charity to try to build up unrestricted funds, which are free reserves of the charity, to a level that equates to approximately 6 months unrestricted expenditure. This will provide sufficient funds to cover management and administration support costs and any emergencies that may arise from time to time.

Statement of Trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which show a true and fair view of the state of affairs of the charity and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

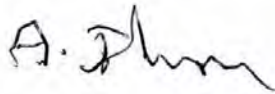
- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operational existence.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by:-

Anthony Johnson - Co Chair

.....
2nd February 2024



INDEPENDENT EXAMINER'S REPORT

Report to the
trustees of

Gateshead Clubhouse CIO

On accounts for
the year ended

31 March 2023

Charity no 1160853

Respective
responsibilities of
trustees and
examiner

The trustees of the organisation are responsible for the preparation of accounts; they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed.

It is my responsibility to

- examine the accounts (under section 145 of the 2011 Act),
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- state whether particular matters have come to my attention.

Basis of
independent
examiner's
statement

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent
examiner's
statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 130 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 1 February 2024

Name: Mark Thompson MAAT
Address: 42 Lesbury Road
Newcastle
NE6 5LB

Gateshead Clubhouse CIO
Statement Of Financial Activities
For the year ended 31 March 2023

	Unrestricted Funds 2023	Designated Funds 2023	Restricted Funds 2023	Total Funds 2023	Total Funds 2022
Incoming Resources					
Grants			34771	34771	29902
Donations	66			66	441
Catering Income	11432			11432	12177
Room Hire & Refreshments	3258			3258	1642
Other Income	694			694	1402
Refunds (Note3)	8369			8369	
Total Incoming Resources	23819	0	34771	58590	45564
Resources Expended					
Activities & Events	1117		6927	8044	6331
Catering Costs	12694		349	13043	10256
IT Costs	110		81	191	778
Insurance	0		1015	1015	1876
Equipment	3812		887	4699	2593
Legal & Professional Fees	175		490	665	1657
Licences, Affiliations & Subs	0		189	189	285
Maintenance & Refurbishment	3084		412	3496	3332
Sanitary & Cleaning	0		805	805	1420
Safety and Security	1281		705	1986	1757
Stationery, Printing & Postage	141		339	480	315
Telephone & Internet	125		974	1099	1091
Travel Expenses	199		1554	1753	1776
Utilities	1986		11337	13323	9368
Volunteer Expenses	0			0	0
Accountancy	0			0	116
Fundraising Costs	4			4	0
Other Costs	538		362	900	675
Total Resources Expended	25266	0	26426	51692	43626
Net income (expenditure) for the year	-1447	0	8345	6898	1938
Transfer between funds	1171	500	-1671	0	
Funds b/fwd	1355	7500	5769	14624	12686
Total Funds as at 31 March 2023	1079	8000	12443	21522	14624

Gateshead Clubhouse CIO

Balance Sheet as at 31 March 2023

	Notes	2023		2022	
		£	£	£	£
Fixed Assets					
Tangible Fixed Assets			0		0
Currents Assets					
Cash at bank and in hand		21521		14624	
Debtors & Prepayments		21521		14624	
Current Liabilities					
Net Current Assets					
			21521		14624
Net Assets					
			21521		14624
Funds					
	5				
Restricted Funds			12442		5769
General Funds			1079		1355
Designated Funds			8000		7500
			<u>21521</u>		<u>14624</u>

Approved by the Committee on ...2nd February 2024

and signed on their behalf:

Teresa Morley - Co-Chair



Gateshead Clubhouse CIO

Notes to the financial statements for the year ended 31 March 2023

1 Accounting Policies

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Gateshead Clubhouse meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1.2 Grant receivable and local authority fees

Grants received are accounted for on a receivable basis and credited to income. Any grants restricted to future accounting periods are deferred and recognised in those accounting periods.

1.3 Donations & Other Income

All income is accounted for when it is received.

1.4 Funds

Restricted funds comprise funds subject to specific restrictions imposed by donors and funders. The purpose and uses of the restricted reserves are set out in note 7 to the accounts. Unrestricted funds comprise funds which can be used in accordance with the charitable objectives at the discretion of the Management Committee.

1.5 Expenditure

All is included on the accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All costs have been directly attributed to one of the functional categories of resources expended in the SOFA. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

2 Grants Received:

Restricted:

Connected Voice (Fuel Bills)	4000
Gateshead Council (Activities)	10000
The National Lottery Communities Fund	15896
NL (Meals subsidy)	4875
Total Grants Received	34771

3 Refunds

Refunds received £6,720 from EDF and £1,649 Pool Table.

4 Staff Costs & Trustee Expenses

No staff are directly employed by the charity.
No Trustees claimed any expenses during the financial year.

	B/fwd	Income	Expend	Trans to/from Gen Funds	C/fwd
5 Restricted Funds					
Connected Voice (Fuel Bills)	0	4000	3513		487
Gateshead Council (Activities)	0	10000	2424		7576
Sofas Community Foundation	0				0
GP Risk Statement Charges	154		20		134
NLF Evaluation Fund	2250				2250
The National Lottery Communities Fund		15896	17399	1510	7
NL (Meals subsidy)		4875		-2886	1989
TNL Awards For All	1844		1844		0
Open Day Fund	300		5	-295	0
Fuel Bills Funding	1221		1221		0
Total Restricted Funds	5769	34771	26426	-1671	12443
Designated Funds					
Reserves	7500			500	8000
General Funds	1355	23819	25266	1171	1079
Total Funds	14624	58590	51692	0	21522